

Implant Post Operative Care Instructions

Pain Management

A certain amount of pain following surgery is not uncommon. If you have been given a prescription, use as directed as soon as you feel the local anesthetic wearing off. Over the counter pain medications such as Tylenol or Ibuprofen can also be helpful in managing post-operative pain. You will get specific instruction on how to take your medications during your consultation and surgical appointment. If pain persists, it may require attention and you should call the office at (949)888-5665.

Swelling

Swelling is quite common, particularly when sutures are placed. To minimize swelling, apply an ice pack against the jaw continuously for 12 hours. It is not necessary to apply cold after 24 hours.

Antibiotics

Antibiotics are to be taken until gone. You will be advised at your post-operative appointment if a refill is necessary. If you have been given a prescription of Peridex (Chlorhexidine Gluconate oral rinse), begin using 24 hours after your surgery.

Diet

Eat soft foods and drink plenty of liquids following your surgery. Avoid foods that are difficult to chew for a few days.

Sutures

Your sutures will dissolve on their own. Typical time is two weeks, but your sutures may dissolve sooner or later. Do not pull or tug on your sutures until they dissolve and fall out on their own.

Wearing Your Prosthesis

If you have a removable dental prosthesis, such as dentures, they should not be worn for approximately two weeks following surgery. Your prosthesis may need to be adjusted by Dr. Jordan before you begin wearing them to prevent any pressure on your new dental implant(s) prior to insertion.